ON MENTAL HEALTH AND THE BLACK COMMUNITY

40th

Empowering Jacksonville's African American and Underserved Communities

Part II

Galvanizing Indigenous Collaborations Vitalizing Support and Shared resources Mobilizing, Inspiring and Prospering

Virtual presentations, December 23 – 29 FREE AND OPEN TO THE PUBLIC

Presented by Northwest Behavior Health Services Inc.

Overview

This year marks the 40th anniversary, and consecutive presentation, of the Annual Conference on Mental Health and the Black Community and the 30th anniversary of its sponsor Northwest Behavior Health Services Inc. Both extraordinary feats have diligently informed, served and advocated for the health and wellbeing of underserved mental health consumers and their care givers.

The theme of this year's conference expands upon last year's efforts: to build permanent and substantive collaborations among indigenous community organizations, service providers, business leaders and faith-based institutions. Together they will consolidate, distribute, and share resources as well as support self-help participation in improving quality of life among the underserved

Itinerary

Pre-Conference Events

Date: Friday, December 23, 2022 Time: 9:00 am –3:00 pm Title: Youth Empowerment and Strengthening families Day Location: Blue Cyprus Community Park 4012 University Blvd. N.

Session: Utilizing principals of KWANZAA. This event will engage youth in activities with business and community leaders who will educate and empower them to self-manage behavior adjustments as well as productive and healthy lifestyles. A session for parents on communicating with children and teens will be presented.

Coordinators: United Congregation for Children and Youth (UCCY), Association of Black Psychologists, Association of Black Social Workers, Edward Waters University Alumni and Westside Church of Christ.

Date: Sunday, December 25, 2022 Time: Morning services as scheduled per church Title: Messages from the Church: By What Means is a Man/Woman Made Whole Location: Zoom link: as scheduled per church

Sermon: Local Pastors, specifically those who serve underserved African American populations and underserved populations, will deliver a sermon at the morning service. They will preach on a mental health topic from a list of selected-biblical scriptures. Their sermons will provide spiritual guidance and inspiration to conference planners and participants.

Presenters: Pastors of local churches

Date: Monday, December 26, 2022 Time: 10:00 am –11:30 am Title: News Conference Location: TBA and zoom link: https://us06web.zoom.us/j/89851137033?pwd=NzhGd1NrdE9aMVVFR3ITaFpLOStYdz09 Meeting ID: 898 5113 7033, Pass code: 960964

Session: This event will promote the 2022 conference itinerary and its 40th anniversary, the 30th anniversary of Northwest Behavioral Health Services and present awards of recognition to Points of Excellence 2022 recipients.

Presenters: Conference Planners

Date: Tuesday, December 27, 2022 Time: 6:00 pm –8:00 pm Tile: A Village Revival Location: Westside Church of Christ, 23 w 8thSt. Zoom link: Meeting ID: 914 956 0571 Password: 650002

Session: This event will present a traditional African ceremony for spiritual awakening, healing, and invoking prosperity. Ceremonial activities will appeal to spirits of collective responsibilities in addressing unmet needs of the less fortunate, sharing personal and communal resources and committing support of empowering them to achieve prosperity.

Coordinators: Bernice Parker-Bell PhD, Association of Black Psychologists, Association of Black Social Workers, Westside Church of Christ and EJUAAC

Date: Wednesday, December 28, 2022 Time: 10:00 am -1:00 pm (Food give-away included) Tile: Make A Way Out Of No Way Location: Calloway Cove Apartments, 3229 Moncrief Rd. W. and Zoom: link: https://us06web.zoom.us/j/89851137033?pwd=NzhGd1NrdE9aMVVFR3ITaFpLOStYdz09 Meeting ID: 898 5113 7033 Passcode: 960964

Session: Presentations are designed to inform, empower and motivate underserved parents/guardians to be self-reliant in managing health and human services and other supportive resources to improve quality of life. A community needs survey and food give-away are included

Presenters: (EJUAAC's team) Bernice Parker-Bell, PhD, Gail Brinson, Evonia Cornelius, Sandra Durham, Deborah Thompson. Retired, Kentisha Mazeke, MBA, Jolita Wainwright, Dr., Pastor Serreta Williams,

Coordinators: Staff of Northwest Behavior Health Services, Steward E. Washington, PhD Date: Wednesday, December28, 2022 Time: 6:00 pm – 8:00 pm Tile: Building a Better Business Community: Mental Illness and Profit Margins Location: Zoom: Link https://us06web.zoom.us/j/82638058813?pwd=VHdwd2p0L0VXQzQ0Y0RuRjV5MUhaZz09 Meeting ID: 898 5113 7033 Pass code: 112531 One tap mobile +13052241968,,82638058813#,,,,*112531# US +13126266799,,82638058813#,,,,,*112531# US (Chicago)

Session: This town hall meeting will explore the impact of mental illnesses on business productivity relative to profit margins, work performance, damaged property, attendance, growth and community economic development. Participants will develop action plans and recommendations.

Business and community leaders and human service providers will explore options to collaborate on strategies for short- and long-term solutions.

Host: Malachi Beyah, Entrepreneur, Steward Washington, PhD

Coordinators: EJUAAC, NAACP and Northwest Behavior Health Services

Date: Thursday, December 29, 2022 Time: 10:00 am – 12:00 pm Title: Mental Health and the Ministry: Engaging the Village Keepers Location: Zoom link: Meeting ID: 3221812103

Session: This session will update some Pastors and educate others about the Village Keepers' project. They will be informed about roles they can play in supporting its goals to improve quality of life and health outcomes for underserved populations.

Topics of discussions will include providing spiritual guidance and moral support to clients of social and human services providers, collaborating with indigenous community organizations and providing resources that empower parents to improve quality of life for their families and communities.

Coordinators: EJUAAC, Northwest Behavior Health Services, Association of Black Psychologists, Association of Black Social Workers

Date: Thursday, December 29, 2022 Time: 6:00 pm – 8:00 pm Title: Transforming Underserved Populations: Synchronizing and Mobilizing Indigenous Collaborations

Location: Zoom link: <u>https://us06web.zoom.us/j/89851137033?pwd=NzhGd1NrdE9aMVVFR3ITaFpLOSt</u> <u>Ydz09</u> Meeting ID: 898 5113 7033 and Pass code: 960964

Session: This is a virtual town hall meeting on collaborating to develop solutions that improve quality of life for African American and underserved populations (specifically parents, children, youth and communities in Jacksonville's Health Zone 1.

Participants include representatives of Indigenous community organizations, service providers, faithleaders and institutions and volunteers with concerns about the targeted populations and their communities. They will provide assessments, perspectives and recommendations on quality-of-life issues, sharing supportive resources, and self-help-strategies in galvanizing, mobilizing and inspiring collaborators to get and stay involved.

Host: Deborah Thompson, Representative, NAACP's health committee

Presenters: Gail Brinson, Rev. Victor Cole, Rachl Gatier, Pres., ABPsi and Rep., AKA), Felecia Hudson, RN, MSN, CRRN, ICM, Mia Jones, Executive Director, Dr. Charles Lorbeer, LCSW, Dr. Jossie McCloud, Jackie Nash, LCSW, Dr. Jamila Pope, Steward Washington, PhD,

Collaborators: Agape Family Health, Association of Black Psychologists, Association of Black Social Workers, Alpha Kappa Alpha Sorority, Delta Sigma Theta Sorority, EJUAAC, Northwest Behavior Health Services, Westside Church of Christ.